

A weekend workshop in

The Eagle's Nest
Rydebacke 19
43895 Hällingsjö
30.7. -1.8.2021
Friday 16:00 – Sunday 16:00

Seminar cost for weekend 3.250 SEK

Cost for lodging and food: 1.200 SEK
starting with dinner on Friday, closing with
lunch on Sunday.

Healing sessions by Aita or Karin are
available the day after the weekend and
have to be booked separately: 800 SEK/h.

Aita and Karin are beloved friends and soul
sister since they met in 2014. Both are long
experienced teachers in several spiritual life
issues. Together they offered many shamanic
seminars, the focus always set on opening up
to inner truth and wisdom.

This weekend a tool will help us – the rod and
the pendulum.



Karin Sander – Thunderbird Woman

Health practitioner. Shaman woman.
Extensive seminar and training activities
since 1998. Clairvoyant.



Walking between
the visible and the
invisible worlds and
connecting them into
one.

Daily use of the
pendulum and the
rod in the everyday
life since 1996 as

well as for the diagnosis in the naturopathic
practice since 2009. Germany.

www.naturheilpraxis-karin-sander.de
email: postfach@sander-karin.de

Aita Päts – The Flying Eagle's Wings

Therapist, working with shamanism,
energy medicine
using Qigong, Taiji,
TCM, Hypnotherapy,
Meditation, Healing
and Body Harmony.
Teaching since 2002.
Sweden. Local ☺.



www.aitapats.se
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Rod & Pendulum Seminar

30.7. – 1.8.2021
in Naturhuset
Hällingsjö

Karin Sander
Aita Päts



Please take with you

- a pendulum or a rod (please get one for yourself)
- things you would like to test as special food, supplements or medication etc
- a photo of a beloved person who allows to be tested on
- sheets and towels for your overnight stay
- comfortable clothing
- paper and pencil for notes

Shamanic dance will be offered by Karin for all of us on Saturday evening 😊

Contact and application

www.nature4you.se
aita@naturligtvis.org
0046 (0)70 42 44 007



Pendulum and Rods

The rod and pendulum are wonderful tools in everyday life. They are simple helpers when it comes to testing out food intolerances, finding the right tea for a catarrh or making important life decisions.

Help in everyday life

In this basic seminar we get to know rod and pendulum and learn how to use them properly. Curiosity, inner neutrality and openness to the answers to come, a relaxed working environment and a calm mind are just some of the topics that are addressed.

On this weekend we learn to open up our intuition and to connect reliably to it. In this field Aita will be our gifted teacher 😊

In this course we present aids and ways that contribute to the stabilization of health and to increased vitality. As an example we test our food and some food supplements. But we also touch on topics of life such as work and life goals, and deal with subtle and energetic fields and levels.



Ways of testing

- Testing above objects and directly on the body
- Working with lists and charts
- Testing directly for yourself and other participants
- Getting answers for those who are absent
- Four ways to get answers:
Resonance pendulum
yes/no pendulum
pendulum with the higher self
body pendulum

I myself have been using the pendulum successfully in my naturopathic practice for years, know helpful tricks, but also tricky moments. The rich fund of more than 20 years' experience of how to use the pendulum is the basis of this seminar. In my experience, it can be learned by anyone at least for everyday use.

So let's go on that journey together and explore the ways that the pendulum and the rod offer to us.